

Research on the Extracurricular Practical Teaching Based on the College English Layered Teaching

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Abstract: Layered teaching applied to college English teaching has transformed the traditional teaching method oriented with teachers into regarding students as the center. Teaching has been made more targeted. Its reform is completely corresponding with the related requirements of quality education. Based on the brief introduction of layered teaching and current situation of college English extracurricular teaching, this paper mainly analyzed the advantages and problems existing in its application, and discussed specific methods to solving these problems.

1. Introduction

China has always attached great importance to education, and the recent education reform has dramatically improved the teaching quality of our colleges and brought with an increasing number of student enrollment. Students, however, have diversified English foundation and abilities to learn and accept knowledge due to varied growing environment, which have caused lots of problems in the teaching of college English. The biggest problem in the teaching of college English is the few opportunities to have extracurricular practice, which makes students fail to apply what they have learnt to practice and heavily impedes students' learning and using with English. While the extracurricular practical teaching designed for college students should be based on layered teaching, only by which can the desired results be achieved.

2. The meaning of layered education

Layered education, based on the individual difference of students, adopts varied teaching methods and syllabus in different grades, and makes the course contents subdivided in the class. Finally, students with diversified levels can achieve the maximum improvement on the basis of their own knowledge level^[1]. There is no need to break up the original classes. Students are divided into groups in the class according to their various differences, such as the characteristic, habit, ability to receive the knowledge, background and foundation. Then personalized and innovative teaching methods will be applied to the teaching process, which refer to the different teaching methods, objects and contents formulated for students in different groups. And its purpose is to make all the students become more interested in learning and improve the whole teaching level of class. However, layered teaching is not easy to do, and some rules must be obeyed in the process^[2]. For instance, students' specific learning conditions and interest must be considered, and the layered principle should be based on teachers' comprehensive assessment with students and their usual grades and performance. What is the most important is to correspond with reality, enabling the smooth development of layered teaching. In addition, teachers should create a positive competitive atmosphere to avoid the chaotic competition among groups.

3. Current situation of Chinese college English extracurricular teaching

For college students, different growing environments lead to various characteristics. They vary from each other on the English foundation and ability to accept knowledge. And they will gradually manifest the difference in learning college English. So teachers should make targeted teaching in combination with students' differences, not just formulating same goals for all the students in the

extracurricular teaching. And teachers are supposed to set up diversified teaching practice objects in different stages. Students' real conditions and related demands must be combined in designing the practice of college English extracurricular teaching. College English teachers must understand the purpose of training students and students' specific demands in the learning. It is on the basis of such extracurricular practical teaching that layered teaching can be better applied to make targeted teaching and effectively promote teaching quality^[3].

4. Advantages of applying layered education in college English extracurricular practical teaching

The principle of "individualized instruction" should be implemented in the layered education, which means dividing students based on the difference standard and having different teaching with students at different levels. Such a teaching method corresponds with the related requirements of quality education and students' demands in learning language, breaking up the traditional single-teaching situation oriented with teachers^[4]. By this way, students with different English levels can be made scientific division and progressive training. Ultimately, the whole students can get the maximum promotion of their English proficiency. To sum up, its specific advantages are as follows:

4.1 Help the college achieve their own teaching objectives

Layered teaching, aiming at real conditions of students' learning, adopts different corresponding teaching contents, methods and objectives to help students get progressive English learning. In general, although the college formulates different teaching objectives for different levels, students' English proficiency has a dramatic promotion than before. It can be seen that layered teaching in college English can greatly facilitate colleges to achieve their teaching objectives^[5].

4.2 Contribute to training students' self-learning abilities

Layered teaching in college English teaching formulates diversified teaching methods, contents and objectives for students with different English levels, greatly satisfying their related demands in the English learning, inspiring their learning interest and training their self-learning abilities. Students will feel easier to reach the corresponding goal put forward by teachers, which can constantly enhance their confidence and help them get progressive learning. Such a teaching method can meet with the relevant requirements of quality education and transform students' passive position to dominant position, totally changing the principal status of teachers^[6].

4.3 Be conducive to the individualized instruction

In the traditional college English teaching, teachers usually adopt same teaching methods and formulate same teaching objectives for all the students, not taking their real English level and ability to receive the knowledge into consideration. Such a teaching method is not targeted, failing to help students achieve maximum promotion on English. However, layered education of college English, based on the personality, formulates corresponding teaching modes and goals for students with different English proficiency, learning habits and abilities to receive the knowledge. Such an individualized and independent learning model can help students find the appropriate methods to adapt to their own learning situation, inspire their learning interest, train their self-learning and improve their learning efficiency. Eventually, college English teaching quality will get constant promotion^[7].

4.4 Be helpful to optimize the related teaching resources

In this teaching method, students with different levels get scientific division and targeted teaching objectives, which make it possible to have a reasonable arrangement with related teachers. They can design the specific teaching methods and objectives for students with different level, make students enjoy the teaching resources with same super quality, and help students greatly improve their English proficiency.

5. Existing problems of layered teaching in the current college English extracurricular practice

5.1 Insufficient recognition with layered teaching

At present, most Chinese colleges lack enough recognition with layered teaching, and those who use this model are merely having a try. So teachers and students are still unfamiliar with layered teaching, regarding it as a fresh thing^[8]. The only criterion most colleges adopt is just students' scores in the college entrance examination. And students themselves lack enough understanding with layered teaching, so there is no doubt that they will feel disgusted with such kind of layered means. As for those students with poor ability to receive knowledge, they will find it very hard to learn in the layered teaching, not willing to accept education. Eventually, they will lose their interest and confidence with learning, which is bad for the development of layered teaching in colleges.

5.2 Layered criteria of layered teaching are not scientific

The only layered criterion most colleges adopt, as we said in the last paragraph, is not scientific. Because the score can be affected by a number of factors. It can neither directly reflect the real condition of students' English level, nor manifest their abilities to receive English knowledge. Thus, such one-sided layering will badly affect students' learning in the college, make them antagonistic, as well as hide the advantages of layered teaching.

5.3 Teaching plans and objectives of layered teaching are lack of science

At present, some Chinese colleges, when applying layered teaching in English teaching, just pay attention to the related progress of teaching and students' English level manifested in the learning. Due to their negligence with teaching contents, teachers usually arrange same teaching contents for all the students, which will undoubtedly exert a bad impact on layered teaching. The true layered education is where teachers need to plan various homework, teaching contents and objectives, and course plans to suit the learning demands of students with different levels^[9].

5.4 Corresponding assessment criteria in layered teaching are irrational

One assessment criterion is usually be formulated in the current layered teaching of college English, which can exactly ensure the smooth development of layered teaching. However, most colleges make "people-oriented" assessments. If students are just assessed by their test scores in CET-4 or CET-6, their comprehensive levels will not be fully reflected, heavily violating the initial purpose of layered teaching.

6. Countermeasures adopted for the existing problems in the layered teaching of college English extracurricular practice

6.1 Effectively strengthen students' cognition level

To help students become more aware of the layered teaching, colleges should hold related lectures for fresh students at the very beginning. Meanwhile, teachers should constantly teach fresh students the teaching methods and objectives of layered teaching to make them gain a better understanding of its meaning and benefits. Thus, students can treat and receive the layered education in a healthy and positive attitude, avoiding having wrong understandings and cognition with layered education. It is not only conducive to the smooth development of layered education, but helpful to students' English learning with full passion and the manifestation of layered teaching result.

6.2 Make the layered criteria of layered teaching more scientific

Different hometowns lead to different learning and growing environments, and unique personalities. The layered teaching is exactly based on various personalities. But colleges cannot just divide students by the scores, because there is the difference of explicit and implicit personalities. Teachers are supposed to analyze students' apprehensive abilities fairly and

objectively, make students within a group help each other and achieve a win-win situation, create positive competitive atmosphere between groups, and constantly enhance students' English grades.

6.3 Make assessment methods of layered teaching more diversified

The layered teaching assessment method adopted in colleges is beneficial to the realization of layered teaching objectives. Colleges should combine students' individual differences, formulate different assessment criteria for students with different levels, as well as help them build confidence and strive to promote themselves in the learning. Teachers are supposed to timely discover students' advantages, give constant encouragement, increase students' interest in English learning, and boost students' English proficiency.

7. Conclusion

Due to the effect of traditional examination-oriented education, related education workers should make deep exploration with college English extracurricular practice based on the layered education, which can ensure its smooth development, attract more students to participate in, and constantly enhance students' English levels. Insufficient cognition with layered education, not scientific layered criteria, and irrational teaching objectives and methods badly hinder the development of layered education. Relevant education workers should timely put forward specific countermeasures on the basis of comprehensive understanding with these problems, and facilitate the smooth development of layered education in college English.

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